This is an every growing list of businesses either run by or recommended by Strathcona Families.

These companies are not associated with the Regiment; this is just a list of recommendations from Strathcona families.

If you have a business you would like added or amendments that need to be made, please contact Kathy Batty via email (ldsh@strathconas.ca) or by phone (780-973-1660).

Home Maintenance/Repair:

Dad's Repair

(Strathcona Family Business) All minor household Handywork Contact Info: Brian at 587-335-2771

Redpath Plumbing and Heating

(Strathcona Family Recommended) Plumbing/Furnace Work Contact Info: (780) 452-5212 (780) 452-5251 15144 128 Ave NW, Edmonton

ALTA-Rooter

(*Military Discount-Recommended*) *Residential and Commercial *Plumbing and Drain Cleaning *All Types of Repair *Sump Pumps and Services *24 Hour Emergency Response *Edmonton and most surrounding Areas **10% Military Discount** Contact Info (780-457-6804)

RNB Mechanical

(*Military Discount/Recommended*) *Residential and Commercial *Furnace and Hot Water *20 Years Experience *Bonded, Licenced and Insured **10% Military Discount** Contact Info: (780-554-5952)

Yardworx *Lawncutting/Trimming

*Spring Clean Up *Core Aeration *Landscaping *Fall Cleanup *Snow Removal 10% Military Discount Contact Info (780-424-2000) info@yardworx.ca

GML Home Services LTD

*Lawncutting/Trimming *Spring/Fall Clean Up *Core Aeration *Sanding and De-icing *Seasonal and Vacation Contracts **15% Military Discount Contact Info** (780-473-2222)

Automotive

Caliber Automotive

(*Strathcona Family Recommended*) Auto Repair/Service Contact Info: (780) 452-7676 16625 111 Ave Edmonton

Hachey Auto

(Strathcona Family Recommended) Auto Repair/Service/Towing Contact Info: (780) 921-2397 Legal

Fred Ruskowsky – Auto Sales

(Strathcona Family Recommended) Private Auto Broker (Used Car Sales) Contact Info: Fred – 780-405-3986

Photography

Artistic Creations Photography & Video

(Strathcona Family Recommended) Boudoir, Wedding, Commercial Military Session Discount Contact Info: Bill Meachem 780-604-8741 photobill@icloud.com www.artisticcreations.ca

Loov Photography

(Strathcona Family Business)

Family/Couple/Maternity/Boudoir Photography with In-Home Studio 15% Military Discount Contact Info: Shannon at 780-660-0611 Email: Shannon@loovphotography.ca http://www.loovphotography.ca/

Renae's Photography

(Strathcona Family Business) Family/Couple/Children's Photography 15% Military Discount Contact Info: Renae at 780-667-3128 Email: renaesphotography@hotmail.com www.renaesphotography.com

Fitness Classes/Gyms

Fit Mommy

(Strathcona Family Business) Fitness Classes for Moms Contact Info: Erin at 780.973.5956 Email fitmommyfitness@gmail.com www.facebook.com/fitmommyfitness

Johnny b Fitt

(Strathcona Family Recommended) Fitness Center/Fitness Classes Contact Info: 9419 94 AVENUE FORT SASKATCHEWAN, ALBERTA (780) 998-7219 http://www.johnnybfitt.ca/

Massage/Physical Therapy/Chiropractic

Acadia Physical Therapy Clinic

(Strathcona Family Recommended) *Offers massage, acupuncture, and physiotherapy. *Direct Billing to Alberta Blue Cross and Great West Life 12781 50 ST NW, Edmonton, AB T5A 4L8 780-473-1681 http://www.acadiapt.com

The Chiropractic Wellness Studio

(Strathcona Family Business) Dr. Megan Harris; Dr. Mailie Harris; Dr. Dawn Burt Inside WORLD HEALTH gym Clareview 13746 50 ST NW

EDMONTON, AB 780-477-0990 http://www.thechirows.com

- + Open 7 days per week
- + Online booking option 24/7
- + Special Military Discount for active military members
- + Direct billing for Blue Cross, Great West Life
- + Direct billing for Sunlife starting Fall 2012
- + Chiropractic, Graston technique and acupuncture

Massage Therapy with Tannas McLaughlin, RMT

(Strathcona Family Business) Daytime and evening appointments available Please call or email for appointment or questions Member in good standing with the NHPC with the required 2200 hours training for reimbursement from extended health plan Office located between NAIT and Rexall place 780.619.4781 or goodhands23@shaw.ca

Home Shopping Businesses

Pampered Chef – Penny Kirsten

(Strathcona Family Business) Catalogue and Home Party Shopping – Kitchenware Contact Info: 780-458-6566 pennykirstein@gmail.com www.pamperedchef.biz/pennykirstein

Mary Kay – Leigh Kenny

(Strathcona Family Business) Catalogue and Home Party Shopping – Make-up/Skin Care Contact Info: Leigh at 780-257-9337 la.kenny@shaw.ca www.marykay.ca/lkenny1

Partylite – Nicole

(Strathcona Family Business) Catalogue and Home Party Shopping – Candles and Accessories Contact Info: 780 446 8202 www.partylite.biz/sites/nicolethomas

Norwex with Kristen Olaes

(Strathcona Family Business) Catalogue and Home Party Shopping – Cleaning Supplies Contact Info: 780-222-9643 krs1071@gmail.com

Education/Tutors

Holly Minovitch

(Strathcona Family Business) Tutoring in your home or at location. Gr. 1-8 Contact Info: h_minovitch@hotmail.com 780-803-4849

Legal

Patriot Law Group

(Strathcona Family Recommended) Lawyer/Legal Services Contact Info: (780) 967-2550 Fax (780) 967-2447 100 5016 Lac St Anne Tr S, Onoway

Putnam & Lawson

(Strathcona Family Recommended) Lawyer/Legal Services Military Discount for Wills/Living Wills and Power of Attorney Contact Info: 9703A 100 Street, MORINVILLE, AB T8R 1R3 Top of Form Bottom of Form 780-939-2001

Dental/Medical

Dr. Jorge Mayo

(Strathcona Family Recommended) OBGYN – Regular and High Risk Pregnancies, No referral needed. Contact Info: Suite 510-11010 101 St NW, EDMONTON 780-414-0782

Dr. Radisic

(Strathcona Family Recommended) Paediatrician, No Referral Needed Contact Info Suite 220-10405 Jasper Ave NW, Edmonton 780-421-1990

Clareview & Belmont Dental Associates

(Strathcona Family Recommended) Dentist – Direct Billing (Great West Life) Contact Info: 2911 137 Ave NW, Edmonton, AB T5A 5G8 (780) 475-5922

Family Vision Care – Fort Saskatchewan

(Strathcona Family Recommended) Eye Doctor – Eyeglass and Contact Lens Fitting Contact Info: 9913-103 Street Fort Saskatchewan Ph: (780) 998.4334

Dr. Tamara Eriksen

(Strathcona Family Recommended) Naturopath 10% Military Family Discount Contact 780-464-5220 www.tailormadewellness.com

Other

Face 2 Face Live Readings

(Strathcona Family Business) Angel Card Readings Contact Info: Joleena Cameron @ (780) 200-6883 face2facelivereadings@hotmail.ca

Trophy Wife

(Strathcona Family Business) Trophies, medals, awards, engraving including name plates, name tags, signs, pens, etc. Contact Info: Seema King 780-939-2400, fax 780-939-2411 Email thetrophywife@shaw.ca

St Albert Self Storage

Mliitary Discount/Recommended *Heated multi-size units *RV Storage *7 Day Access *Mover Available *Packing Supplies **10% Military Discount** Contact Info (780-460-1234)

Lisa-Renee Designs

(Strathcona Family Business) *Silversmith and Beader *Custom Work/Orders