

This is an every growing list of businesses either run by or recommended by Strathcona Families.

**These companies are not associated with the Regiment; this is just a list of recommendations from Strathcona families.**

If you have a business you would like added or amendments that need to be made, please contact Kathy Batty via email (ldsh@strathconas.ca) or by phone (780-973-1660).

### **Home Maintenance/Repair:**

#### **Dad's Repair**

*(Strathcona Family Business)*

All minor household Handywork

Contact Info:

Brian at 587-335-2771

#### **Redpath Plumbing and Heating**

*(Strathcona Family Recommended)*

Plumbing/Furnace Work

Contact Info:

(780) 452-5212

(780) 452-5251

15144 128 Ave NW, Edmonton

#### **ALTA-Rooter**

*(Military Discount-Recommended)*

\*Residential and Commercial

\*Plumbing and Drain Cleaning

\*All Types of Repair

\*Sump Pumps and Services

\*24 Hour Emergency Response

\*Edmonton and most surrounding Areas

**10% Military Discount**

Contact Info

(780-457-6804)

#### **RNB Mechanical**

*(Military Discount/Recommended)*

\*Residential and Commercial

\*Furnace and Hot Water

\*20 Years Experience

\*Bonded, Licenced and Insured

**10% Military Discount**

Contact Info:

(780-554-5952)

#### **Yardworx**

\*Lawncutting/Trimming

\*Spring Clean Up

\*Core Aeration

\*Landscaping

\*Fall Cleanup

\*Snow Removal

**10% Military Discount**

**Contact Info**

(780-424-2000)

info@yardworx.ca

**GML Home Services LTD**

\*Lawncutting/Trimming

\*Spring/Fall Clean Up

\*Core Aeration

\*Sanding and De-icing

\*Seasonal and Vacation Contracts

**15% Military Discount**

**Contact Info**

(780-473-2222)

## **Automotive**

**Caliber Automotive**

*(Strathcona Family Recommended)*

Auto Repair/Service Contact Info:

(780) 452-7676

16625 111 Ave Edmonton

**Hachey Auto**

*(Strathcona Family Recommended)*

Auto Repair/Service/Towing

Contact Info:

(780) 921-2397

Legal

**Fred Ruskowsky – Auto Sales**

*(Strathcona Family Recommended)*

Private Auto Broker (Used Car Sales)

Contact Info:

Fred – 780-405-3986

## **Photography**

**Artistic Creations Photography & Video**

*(Strathcona Family Recommended)*

Boudoir, Wedding, Commercial

Military Session Discount

Contact Info:

Bill Meachem 780-604-8741

photobill@icloud.com

[www.artisticcreations.ca](http://www.artisticcreations.ca)

**Loov Photography**

*(Strathcona Family Business)*

Family/Couple/Maternity/Boudoir Photography with In-Home Studio

15% Military Discount

Contact Info:

Shannon at 780-660-0611

Email: Shannon@loovphotography.ca

<http://www.loovphotography.ca/>

### **Renaes's Photography**

*(Strathcona Family Business)*

Family/Couple/Children's Photography

15% Military Discount

Contact Info:

Renaes at 780-667-3128

Email: renaesphotography@hotmail.com

[www.renaesphotography.com](http://www.renaesphotography.com)

## **Fitness Classes/Gyms**

### **Fit Mommy**

*(Strathcona Family Business)*

Fitness Classes for Moms

Contact Info:

Erin at 780.973.5956

Email fitmommyfitness@gmail.com

[www.facebook.com/fitmommyfitness](http://www.facebook.com/fitmommyfitness)

### **Johnny b Fitt**

*(Strathcona Family Recommended)*

Fitness Center/Fitness Classes

Contact Info:

9419 94 AVENUE

FORT SASKATCHEWAN, ALBERTA

(780) 998-7219

<http://www.johnnybfitt.ca/>

## **Massage/Physical Therapy/Chiropractic**

### **Acadia Physical Therapy Clinic**

*(Strathcona Family Recommended)*

\*Offers massage, acupuncture, and physiotherapy.

\*Direct Billing to Alberta Blue Cross and Great West Life

12781 50 ST NW, Edmonton, AB T5A 4L8

780-473-1681

<http://www.acadiapt.com>

### **The Chiropractic Wellness Studio**

*(Strathcona Family Business)*

Dr. Megan Harris; Dr. Mailie Harris; Dr. Dawn Burt

Inside WORLD HEALTH gym Clareview

13746 50 ST NW

EDMONTON, AB

780-477-0990

<http://www.thechirows.com>

- + Open 7 days per week
- + Online booking option 24/7
- + Special Military Discount for active military members
- + Direct billing for Blue Cross, Great West Life
- + Direct billing for Sunlife starting Fall 2012
- + Chiropractic, Graston technique and acupuncture

### **Massage Therapy with Tannas McLaughlin, RMT**

*(Strathcona Family Business)*

Daytime and evening appointments available

Please call or email for appointment or questions

Member in good standing with the NHPC with the required 2200 hours training for reimbursement from extended health plan

Office located between NAIT and Rexall place

780.619.4781 or [goodhands23@shaw.ca](mailto:goodhands23@shaw.ca)

## **Home Shopping Businesses**

### **Pampered Chef – Penny Kirsten**

*(Strathcona Family Business)*

Catalogue and Home Party Shopping – Kitchenware

Contact Info:

780-458-6566

[pennykirstein@gmail.com](mailto:pennykirstein@gmail.com)

[www.pamperedchef.biz/pennykirstein](http://www.pamperedchef.biz/pennykirstein)

### **Mary Kay – Leigh Kenny**

*(Strathcona Family Business)*

Catalogue and Home Party Shopping – Make-up/Skin Care

Contact Info:

Leigh at 780-257-9337

[la.kenny@shaw.ca](mailto:la.kenny@shaw.ca)

[www.marykay.ca/lkenny1](http://www.marykay.ca/lkenny1)

### **Partylite – Nicole**

*(Strathcona Family Business)*

Catalogue and Home Party Shopping – Candles and Accessories

Contact Info:

780 446 8202

[www.partylite.biz/sites/nicolethomas](http://www.partylite.biz/sites/nicolethomas)

### **Norwex with Kristen Olaes**

*(Strathcona Family Business)*

Catalogue and Home Party Shopping – Cleaning Supplies

Contact Info:

780-222-9643 [krs1071@gmail.com](mailto:krs1071@gmail.com)

## **Education/Tutors**

**Holly Minovitch**

*(Strathcona Family Business)*

Tutoring in your home or at location. Gr. 1-8

Contact Info:

h\_minovitch@hotmail.com

780-803-4849

**Legal****Patriot Law Group**

*(Strathcona Family Recommended)*

Lawyer/Legal Services

Contact Info:

(780) 967-2550

Fax (780) 967-2447

100 5016 Lac St Anne Tr S, Onoway

**Putnam & Lawson**

*(Strathcona Family Recommended)*

Lawyer/Legal Services

*Military Discount for Wills/Living Wills and Power of Attorney*

Contact Info:

9703A 100 Street, MORINVILLE, AB T8R 1R3 Top of Form

Bottom of Form

780-939-2001

**Dental/Medical****Dr. Jorge Mayo**

*(Strathcona Family Recommended)*

OBGYN – Regular and High Risk Pregnancies, No referral needed.

Contact Info:

Suite 510-11010 101 St NW, EDMONTON

780-414-0782

**Dr. Radisic**

*(Strathcona Family Recommended)*

Paediatrician, No Referral Needed

Contact Info

Suite 220-10405 Jasper Ave NW, Edmonton

780-421-1990

**Clareview & Belmont Dental Associates**

*(Strathcona Family Recommended)*

Dentist – Direct Billing (Great West Life)

Contact Info:

2911 137 Ave NW, Edmonton, AB T5A 5G8

(780) 475-5922

**Family Vision Care – Fort Saskatchewan**

*(Strathcona Family Recommended)*

Eye Doctor – Eyeglass and Contact Lens Fitting

Contact Info:

9913-103 Street Fort Saskatchewan

Ph: (780) 998.4334

**Dr. Tamara Eriksen**

*(Strathcona Family Recommended)*

Naturopath

10% Military Family Discount

Contact 780-464-5220

[www.tailormadewellness.com](http://www.tailormadewellness.com)

**Other**

**Face 2 Face Live Readings**

*(Strathcona Family Business)*

Angel Card Readings

Contact Info:

Joleena Cameron @ (780) 200-6883

face2facelivereadings@hotmail.ca

**Trophy Wife**

*(Strathcona Family Business)*

Trophies, medals, awards, engraving including name plates, name tags, signs, pens, etc.

Contact Info:

Seema King 780-939-2400, fax 780-939-2411

Email thetrophywife@shaw.ca

**St Albert Self Storage**

*Military Discount/Recommended*

\*Heated multi-size units

\*RV Storage

\*7 Day Access

\*Mover Available

\*Packing Supplies

**10% Military Discount**

Contact Info

(780-460-1234)

**Lisa-Renee Designs**

*(Strathcona Family Business)*

\*Silversmith and Beader

\*Custom Work/Orders